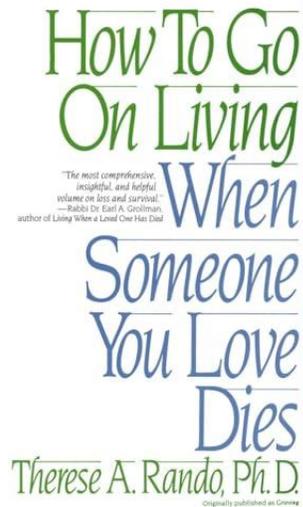
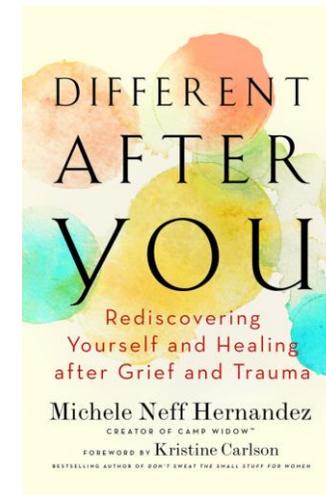


# Two books I recommend

How To Go On Living When  
Someone You Love Dies  
by Therese A. Rando, PhD



Different After You-  
Rediscovering Yourself and  
Healing after Grief and Trauma  
by Michele Neff Hernandez



# **Thea Crites, M.Div., LMFT**

I'd be glad to answer any follow-up questions from this presentation.

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My Psychotherapy Practice

I work in person in my office at **106 E. 86th St., New York, NY 10028**,  
as well as virtually, offering both individual and couple's psychotherapy.

My website is **[www.soul-care.org](http://www.soul-care.org)**.