

## FOR MORE INFORMATION ABOUT FALLS AND FALL PREVENTION

### **National Institute on Aging Information Center**

P.O. Box 8057

Gaithersburg, MD 20898-8057

1-800-222-2225 (toll-free)

1-800-222-4225 (TTY/toll-free)

[www.nia.nih.gov](http://www.nia.nih.gov) (more specifically [www.nia.nih.gov/health/prevent-falls-and-fractures](http://www.nia.nih.gov/health/prevent-falls-and-fractures))

[www.nia.nih.gov/espanol](http://www.nia.nih.gov/espanol)

[www.nia.nih.gov/health](http://www.nia.nih.gov/health) (to sign up for regular email alerts about publications and other information from the NIA)

[www.nihseniorhealth.gov](http://www.nihseniorhealth.gov) (senior-friendly website with health and wellness information, easy to use and type can be enlarged for clearer viewing)

### **Go4Life**

[www.nia.nih.gov/Go4Life](http://www.nia.nih.gov/Go4Life)

For information on exercise and physical activity.

### **Centers for Disease Control and Prevention**

1600 Clifton Road

Atlanta, GA 30333

1-800-232-4636 (toll-free)

1-888-232-6348 (TTY/toll-free)

[www.cdc.gov/ncipc](http://www.cdc.gov/ncipc) (search: Home & Recreational Safety, Older Adult Falls)

### **National Falls Prevention Resource Center (National Council on Aging)**

1-571-527-3900

[www.ncoa.org/center-for-healthy-aging/falls-resource-center](http://www.ncoa.org/center-for-healthy-aging/falls-resource-center))

### **National Resource Center on Supportive Housing and Home Modification**

University of Southern California

Fall Prevention Center of Excellence

3715 McClintock Avenue, Room 228

Los Angeles, CA 90089-0191

1-213-740-1364

[www.homemods.org](http://www.homemods.org)

### **Rebuilding Together**

1899 L Street, NW, Suite 1000

Washington, DC 20036

1-800-473-4229 (toll-free)

[www.rebuildingtogether.org](http://www.rebuildingtogether.org)

please turn over

**National Institutes of Health**

Osteoporosis and Related Bone Diseases – National Resource Center

2 AMS Circle

Bethesda, MD 20892-0001

1-800-624-2663 (toll-free)

1-202-466-4315 (TTY)

[www.bones.nih.gov](http://www.bones.nih.gov)

**National Osteoporosis Foundation**

1150 17<sup>th</sup> Street, NW

Suite 850

Washington, DC 20036

1-800-231-4222 (toll-free)

[www.nof.org](http://www.nof.org)

**Eldercare Locator**

1-800-677-1116 (toll-free)

[www.eldercare.gov](http://www.eldercare.gov)

**National Library of Medicine**

Medline Plus

[www.medlineplus.gov](http://www.medlineplus.gov) (search: Falls; medications that can cause falls)